

## MicroNeedling



### **What is MicroNeedling?**

The Rejuvagen (microneedle) is a treatment that causes the skin to heal itself. It is a non-laser, non-surgical treatment that causes the skin to stimulate collagen production and fresh, new tissue. Skin tightens wrinkles, fine lines, scarring, and hyperpigmentation significantly diminish; pores become finer and the overall health and circulation of the skin is improved.

It is also known as Collagen Induction Therapy (CIT), a minimally-invasive cosmetic procedure that involves the use of a micro-needling device. CIT is safe and effective on all skin types without the risk of discoloration. The micro-needling procedure can be performed by licensed qualified medical professionals.

### **How many treatments will I need?**

Depending on the individual skin condition, skin sufficiently resurfaces after 2-4 Medical Micro-Needling procedures. To allow skin cell regeneration, one should wait at least 4-6 weeks between procedures. As aging continues, we recommend one refresher treatment every year.

**Treatment areas include face, neck, chest and abdomen (abdomen counts as 2 areas).**

#### **1 treatment area**

Single treatment: \$325

Pack of 3: \$875

#### **2 treatment areas**

Single treatment: \$450

Series of 3: \$1200

### **3 treatment areas**

Single treatment: \$650

Series of 3: \$1700

***Advice: Avoid sun tanning and prolonged exposure to direct sunlight. When exposed to sun, always use sun screen SPF30 or above.***

### **What is the MicroNeedling procedure like?**

There are many micro-needling device on the market. We believe that the most precise, most effective is a pen-like device. The device is embedded with up to hundreds of fine micro-needles for penetrating the skin.

### **The entire procedure is all-natural and fast:**

1. The medical professional applies a numbing cream on the treatment area for 30 minutes.
2. After numbing, she moves the microneedle device across the treatment area in a circular motion.
3. As each fine needle punctures the skin, it creates a channel or micro-wound.
4. This creates a controlled injury on and below the skin's surface. This triggers the body to "fill" these micro-wounds by producing new collagen and elastin, and by stimulating skin cell regeneration.

### **IT KICKS YOUR COLLAGEN BACK INTO ACTION!**

5. The patient resumes regular activities almost immediately.

### **How does MicroNeedling work?**

The instrument itself utilizes what is called medical micro-needling, and in Rejuvapen's case, 9 micro-needles are used on the skin to create thousands of invisible and virtually painless perforations. By creating these microscopic channels in the epidermis, the body immediately responds by increasing the formation of new tissue to refresh mature skin, as well as releasing of growth factors that promote scar and hyperpigmentation repair and healing. Adjustable needle length from .2 to 2.5mm allows the providers at aNu Aesthetics™ to customize treatments from skin freshening to deep scar repair anywhere on the body.

During the micro-needling procedure, tissue damage is unlikely because the needles are very fine and thin. In fact, skin integrity actually remains intact even though the skin reacts as if it had been "injured." The tiny wounds caused by the micro-needles are repaired and close very quickly. No tissue lesion can be detected, infections are rare, and there is nothing to repair.

### **How do I care for my skin after Micro-Needling treatment?**

Immediately after your Medical Micro-Needling procedure, do not take any anti-inflammatory medications such as ibuprofen, Motrin or Advil. These agents will interfere with the natural inflammatory process that is critical and responsible for your skin rejuvenation.

### **Follow these simple steps:**

**Day of procedure:**

No lotions, makeup or other topical products on your face before your procedure. After your procedure your medical provider may apply a lipopeptide booster, skin moisturizer, and sun screen. You may clean your face with a gentle cleanser before bed.

**Day 1:**

On the next day, you may clean your face as usual and apply makeup, lotions and other topical products as usual. Stay away from exfoliants or glycolic acids that are present in cleansers as these can make your skin very dry after the procedure. Be sure to use an approved SPF30 or greater sunscreen!

**Days 2-7:**

Within two (2) days following your Medical Micro-Needling procedure, you will notice skin dryness and flaking. This is due to an increased turnover of skin cells. During this period, you may apply your regular skin moisturizer. Follow the instructions given to you by your medical professional.

If your medical professional used the roller around the eyes, you may have a little micro bruising that may exist for three or four days. This can easily be covered with makeup.

Days later, your skin will start shedding. These are skin layers that would regularly shed a week later, but the Micro-Needling brings this skin to the surface sooner. During this temporary process, your skin will shed and be dry.

**Days 7+:**

A week after the Medical Micro-Needling procedure, most patients notice that their skin is smoother and more radiant.